

Benefits of an Evaluation at Sharper Mind Centers®

Sharper Mind Centers® offers highly informative evaluations done by trained professionals to help you **UNDERSTAND** why you or your child has been struggling. Rather than simply looking at the symptoms of ADD/ADHD behaviors that many evaluators look at, the Sharper Minds evaluation looks for **CAUSES** of the symptoms.

The symptoms of lacking focus, being impulsive and easily distracted or having learning problems may be caused by over 50 different factors. Here's a partial list:

- Lack of right-left brain coordination
- Lack of proper development of the pre-frontal cortex
- Problem with the brain's ability to interpret rapid sounds, letters or muscle response properly
- A problem area in one or more of the key mental processes
- Mixed brain dominance
- True Attention Deficit Hyperactivity Disorder
- Food allergies and sensitivities
- Retained infantile reflexes
- Fetal alcohol affectedness
- Emotional or physical trauma or distress
- Parenting and/or disciplining issues
- Difficulty or trauma during delivery of baby (low oxygen during labor and delivery, forceps, suction, C-section)

Each condition needs to be uniquely addressed. Commonly prescribed medications such as Ritalin®, Adderall®, Concerta® and Strattera® may have some benefit, yet do not treat the underlying cause(s). Instead they may mask and distract from correct diagnosis and treatment of the underlying difficulties.

Sharper Mind Centers looks at the probability of many possible causes and then focuses mainly on cognitive related issues, including dyslexia, right-left brain coordination, brain dominance, and True ADD/ADHD.

Two to three hours are spent in the appointment. This includes reviewing the individual and family history and dynamics. Then the child or adult being tested completes an extensive series of objective tests and exercises (we look at around 25 different factors). We do not use electronics, brain scanners or computer programs in the process. We use trained professionals who look at the whole picture, including family dynamics (which computerized testing can never adequately do). By the end of the appointment, you will know why you or your child has been struggling.

Benefits of the evaluation

After experiencing the evaluation, you will have a clearer understanding of why you or your child has been struggling. **Understanding** is the first step to tolerance, treatment, healing and successful change. You have to know the cause before you can administer a solution



After the evaluation, you will:

- Know why you or your child have been struggling
- Develop a better relationship, more tolerance
- Have more confidence when talking to school staff and health practitioners
- Receive written report and recommendations
- Receive tips and guidance on how to handle an individual's behavioral issues
- Understand a drug-free solution that works
- Learn about various therapy options

You will also have a chance to meet our staff, ask questions and decide for yourself if the Sharper Minds program fits your needs. **YOU** choose the best treatment option for your family. Our goal is to make sure the **evaluation** is a worthwhile and informative experience for you!

But one of the most important aspects takes place right afterwards. We won't pull out a prescription pad and offer you a medicative solution! Sharper Minds offers the **BEST** DRUG-FREE alternative through a variety of program options and payment plans to meet most families' needs and budgets. If you are serious about getting help, it can be available to you!

Call us today to schedule your appointment in gaining understanding! It's your first step.

Call toll free
1-866-HELP-A.D.D.

Sharper  Minds®

National Headquarters: 503-641-5707
www.SharperMindCenters.com
Your **BEST** DRUG-FREE Alternative!™